



Newbold College Impact Day

Science and Faith

Vol. 10 • Issue 2 • April 2014

Healthy social relationships

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The purpose for @ncounter is to develop youth and youth leadership spiritually and motivationally, in faith and in service.

Editorial

With spring and Easter our thoughts turn to the summer. Exams finished, awaiting results. Decisions about what to study next, or even where. The fear of hay fever, again. It all amounts to the fact that life rolls on without a pause.

I am a fan of Seth Godin, a motivational and business guru. One quoted verse of his I saw on Facebook recently was, 'Instead of wondering when your next vacation is, maybe you should set up a life you don't need to escape from.'

What a thought! As time feeds you up the next 12-month instalment of your life, it might be good to ask what you are going to do with the next academic year, and how that fits with your long-term life goals. Or perhaps that might be the wrong way of looking at things. What if we focused more on the centrality of God in our lives? Then what we do with our lives is secondary to the importance of living a life with Jesus. Maybe we wouldn't have the pull to escape some things in life but an attraction to fill our lives with service to God.

This edition of @ncounter has many summer events and activities advertised. There are service opportunities in other countries and within the UK and Ireland. And if you look out for the following edition of @ncounter you will see information about a way you can give God 20 weeks of your life in training, study, and service projects in your 20s (it's called 20:20 Jesus, and service will first be available at: www.2020jesus.org.uk).

Whatever you plan for your summer, or your next academic year, I invite you to seek God with your whole heart (Jeremiah 29:13), to focus your life on Jesus, and to add ways in which you can serve God and the people around you. Enjoy your reading, and follow us on our Facebook page, 'Adventist Youth, UK & Ireland', and visit us at www.adventistyouth.org.uk

Nathan





ADRA-UK needs you this 2014!

In February, a small team of ADRA staff and volunteers travelled to Sierra Leone to distribute gift boxes as part of the ADRA-UK Gift Box project.

We were able to capture the experiences in a video (found on our website) of the volunteers and convey what a life-changing experience it was to join in with the work of ADRA-UK. More than 6,000 gift boxes were given out in schools and hospitals across Sierra Leone! The children were delighted to receive every box that you donated!

ADRA's annual gift box appeal encourages everyone but especially children to pack a box of gifts for a child in another country. If you would like to get involved with this project, the gift box appeal normally starts in the run-up to Christmas.

To become involved with some of the other work that ADRA does, please visit our website and sign up to be a Volunteer!

In the meantime we are just about to launch our Annual Appeal where you can help support our development efforts in Africa, Asia and the UK.

Funds collected from the 2014 Annual Appeal will go towards:

- **Providing livelihoods in Myanmar.** ADRA will help more than fifteen villages with little to no farming and no work to set up food-processing industries and train people in small-scale business skills.
- **Supporting a women's project in Zimbabwe.** Provide four women's maternal health shelters in existing hospitals in Zimbabwe and develop local amenities to improve support for more than 40,000 patients.



Check our website:
www.adra.org.uk



The Annual Appeal begins 29 March. Here are some bright ideas for you to get involved in a creative way in the Annual Appeal – for a full list, visit: www.adrauk.org/adradownloads/fundkit.pdf

- **Chocolate Tasting Party:** Get a selection of chocolates donated or purchase them wholesale, then hold a tasting party. Charge admission.
- **Crafty Donations:** Use your talents to knit/crochet/cross-stitch/sew/quilt items and sell them, with the proceeds going to ADRA.
- **Clean Up Poverty Car Wash:** Get a group of volunteers together, make signs for advertising, then have fun washing cars (for a fee, of course). See if a local petrol station will let you set up on their property. Alternative: Ask a local car wash to donate the proceeds from one day or week to ADRA-UK.
- **Sell your old mobile phone:** Trade your old mobile phones in at www.tradeinmymobile.co.uk, get the refund, and send the funds to ADRA-UK.

- **Give It Up:** Choose something you want to give up (smoking, swearing, coffee, junk food, etc). Add a specified amount of money (eg. 50p) to a jar each time you participate in that activity. Get your colleagues/family members to join in.
- **Virtual Fun:** Hold a networked computer games night and play games against your friends. Charge a fee to participate.
- **eBay Auction:** Auction some of your hidden gems on eBay and donate the profits. ADRA-UK is a registered charity on eBay.
- **Sports Event:** Organise a charity sports game (hockey, football, softball) with your local community league or with the children's team, and charge admission or charge a participation fee to each team.
- **Treasure/Scavenger Hunt:** Host a treasure or scavenger or Easter hunt, and charge an entry fee.



I recently saw a video advertising a book. The book explores why youth (16-29) leave the church. In the video a young man says, 'Church has fallen into this consumer corporate model of, of, putting on a show. You know. Part of me doesn't want to go to church to be entertained. I want it to cost me something. I actually want it to cost me something. You know, and I think we have fallen into this, this trap, of sitting there and being entertained, and receiving. You get your fix. And then you go. Somehow that's insufficient to me.' (www.youlostmebook.com).

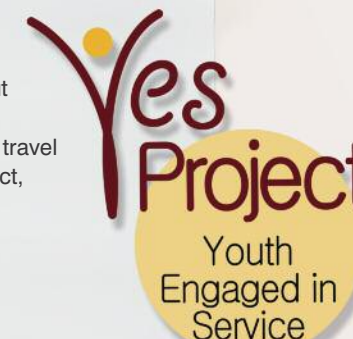
In a survey of Adventist youth in the UK and Ireland a few years ago, a question was asked about life goals and how important it is to spend time helping others. 31.3% said extremely important, while 42.8% said quite important. Only 1.6% said it was not important at all; the other 24.2% said somewhat important.

We have a programme called Adventist Volunteers (see page 7 for contact details and info on a short-term project). Mostly this is for a year or so to go to a land far away and volunteer in some kind of mission activity. This is great. Try it while you can. But what if you cannot give 12 months and the cost of going to another country?

YES Project is for every church, institution and department to list their short-term national (UK and Ireland) volunteer activities for youth to attend and help with.

If you're feeling the same about church being a place you get your fix but you want to do something for God, if you feel it's important to spend time helping others, and if you can't spend a year in a Pacific island but you can travel a few hours and give a weekend or week to help a church community project, then register your interest and even sign up for the activities listed at www.yesproject.org.uk

More church events and projects wanted!
Come on! Do something for God's sake!





The Relay story

Have you ever had the desire to make a difference by doing something that matters? Many young people today are feeling just that and want to get more involved in the life and mission of the church. If you have this feeling then read on:

The Relay Institute of Youth Evangelism is a unique youth outreach training programme, operated by the Trans-European Division, and this summer it will be held in the UK. The name 'Relay' echoes the thought of the Gospel baton being passed from country to country and location to location. Since the first course held in 2007 the programme has been featured in 11 countries including Hungary, Sweden, Latvia, Serbia, Denmark, Iceland, Pakistan, Poland, Croatia, Finland and most recently Albania.

As an integral part of each course practical outreach always takes place and is planned according to local needs. This has included door-to-door surveys, Relay cafes (Croatia), street stalls and displays (Albania), displays in shopping malls (Finland) and many other creative community-based health programmes.

The training consists of three core modules: Foundations of Adventist Beliefs; Foundations of Youth Outreach; and Foundations of Discipleship and Leadership – plus one elective subject chosen locally. Each module involves 30 hours of theory plus the practical outreach, which has proven to be very effective. Participants receive both completion certificates after each module and a graduation certificate at the end of the whole course. Most importantly, they receive the opportunity to submit applications for seed funding to set up and run local Relay youth projects.

On file are many excellent projects taking place throughout the Division territory, some of which are also linked to the Mission to the Cities campaigns. The latest of these projects follow the Relay course in Albania at the end of 2013, which saw the Relay participants returning home and submitting applications for projects in five local churches. Some countries have now formed Relay associations or clubs, and Serbia has been very active in this with great effect.

This year a new phase of the Relay story is being entered into. Training will take place at Newbold College from 22 June to 4 July with the Adventist Beliefs and Discipleship modules being run.

These modules are accessible to all. Anyone who may have missed these modules in their own country can also take this opportunity to come and complete the course. Additionally a Relay Plus refresher course will be offered for returning graduates.

It has long been a dream to hold Relay mission projects and in both 2014 and 2015 these will take place. This year a trip is planned for Albania and will run in conjunction with ADRA and AVS. These mission programmes are open to both Relay graduates and also new participants.

So the Relay story continues to grow. To date there have been hundreds of participants in the various countries, many of whom have now graduated from all four modules. But there is room and opportunity for many more. The next exciting steps are now being planned so a new generation of Adventist youth can also receive the Gospel baton and share their faith in creative and effective ways in twenty-first-century Europe.

Application forms and other details are available from local Union Youth Departments or from the TED office by contacting Judy Plaatjes (jplaatjes@ted-adventist.org)



Short Term Mission Trip 2014



Dates:
23 June -
7 July, 2014



Come on a Journey with us

- ➔ One week at the ADRA Albania Roma Camp for kids
- ➔ and one week working with health evangelism projects



For more info email Karen Plaatjes
kplaatjes@ted-adventist.org

www.tedadventistvolunteers.com

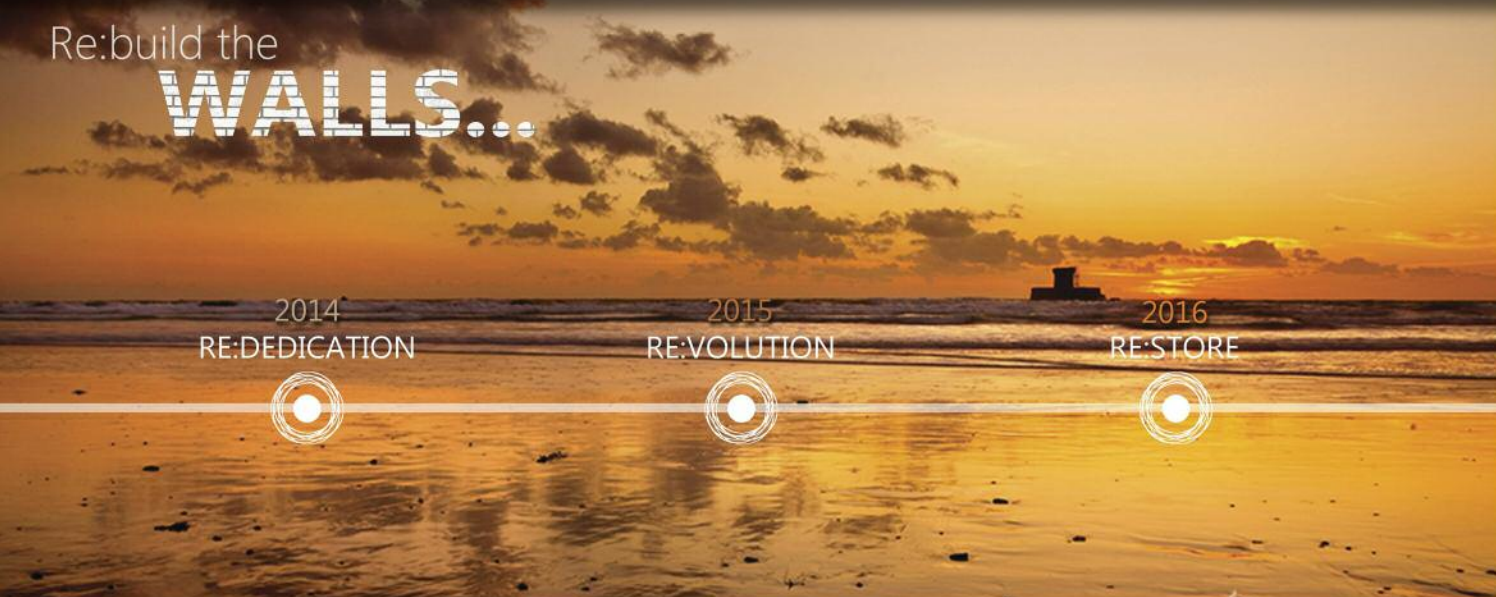
Cost:
150 Euros
+ Airfare

Target Age:
18-35

Join us on an exciting two-week mission trip to Albania. Play and work for one week with the Roma children at summer camp and join a travelling health expo at Adventist churches around the country for one week. This trip is open to volunteers from all over the Trans-European Division and places are limited. For an application form please visit our website: www.tedadventistvolunteers.com



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BUC Master Guide skills development 2-4 May 2014

The TED Master Guide training weekends have been a great success in the past – just look at those smiling faces in the photos! After a request for a UK-based skills development event, the BUC has organised this weekend for any Master Guide who wishes to attend.

It is a chance for Master Guides to learn some practical new skills, receive advice on how to train Pathfinders and broaden their own teaching horizons. And the bonus is that you can do so with other like-minded leaders without the responsibility of looking after Pathfinders.

It is a fun weekend, with a relaxed atmosphere, but with an emphasis on acquiring and sharing new skills. The idea is that you can then return to your club and pass on these skills and new-found knowledge.

One area of focus this year is on pioneering skills. We will also look into teaching some of the more unusual honours, those which are not so easily (or enthusiastically!) learned from a textbook.

Taking place at a venue with a range of outdoor and indoor learning facilities, you can book your place by visiting www.adventistoyouth.org.uk or emailing bucyouth@adventist.org.uk with your details. Places are limited, so register now for this event.

Register today and help us create some more photos of smiling BUC Master Guides!



Summer camps remembered

◦ Nathan Stickland

*'When I woke up this morning, I could see the sky was grey,
My feet were cold and icy, boy, it was an awful day.
I nipped over to the kitchen, to get water for my group,
But instead of getting water, I got mouldy mushroom soup.'*

The words of a camp song I and a few others in my tent put together at a summer camp in Oxwich, 1982: the last year the South England Conference ran summer camps in Oxwich Bay. Some of the words to this song, sung to the tune of a popular song in the charts of that day, need explaining. Like going to 'get water for my group'. Each tent, two Blacks Icelandic tents joined together, had up to eight occupants, including the tent counsellor. There was no toilet block as such in those days; not with sinks and running water, and certainly no showers or baths. The toilet

block was simply that: a block of toilets; I think we had advanced from hessian sacking walls to hardboard walls by the 1980s, with string to tie up the door, and you sat on a

seat hopefully attached to a large galvanised metal bucket, with water and blue chemicals in it, along with . . . well, you'd time your visit to preferably just after the maintenance team had just emptied the contents in the cesspit.

Back to the 'water for my group'. To wash, someone would get a bowl of hot water from the kitchen – large water heaters in the kitchen were ready for the job – and take the supply bowl to your tent. In turn, each camper would pour some water into the second bowl, and wash and so on, then discard the dirty water in the hedge, ready for the next person to take their ration of hot water. Woe betide the person who used the water from the supply bowl as their washing water!

So people have memories of camps and campsites of years gone by, and, with 2014 being a double anniversary for two of our youth campsites in the British Union, we want to collate stories and pictures of both Chapel Porth (the South England Conference site in Cornwall: 30 years of summer camps this year) and Aberdaron (the North England Conference site in north-west Wales: 50 years of summer camps this year).

You can submit your entries via email to bucyouth@adventist.org.uk or use dropbox or mailbigfile for larger files. The MESSENGER and other publications will be covering the story this year, but as these are Adventist youth sites we want to commemorate these anniversaries in [@encounter](https://www.facebook.com/encounter) too.

Some of you reading this can share similar stories to mine or might be able to persuade their parents to share their summer camp experiences! And I might even share with you the chorus of this camp song, or even the subsequent songs we wrote and sang at the camp concerts!





Why is the sky blue?

Why is the sky blue? Any ideas? This is one of the most common questions young children ask their parents. I remember asking my dad this when I was young. I can't remember his answer; but the important thing was that I was asking questions and he encouraged it. It doesn't really matter if you know the answers; the important thing is that you think about them!

So where are you on the science thing? *Entanglement* . . . annoying hair problem, or weird quantum physics? *Genus* . . . incorrect spelling of 'genius', or biological classification? If you think scientists are people in grey socks and sandals then read on! If you can already explain entanglement, or if hearing the word 'genus' starts you filling in the rest (kingdom, phylum . . .), well, read on anyway; you can't have too much science, right?!

Now, I know that most people don't get the exciting buzz about science that I do! Let me share some of my excitement. Physics is my thing, that and maths, the language of it all! Don't be put off if you don't enjoy maths: most sciences have far less maths than does physics.

Astronomy is closely linked here and it's my first excitement. Just look up! Pick a clear night and find somewhere really dark. Don't worry about expensive telescopes; you just need your eyes (if you have some binoculars then take them). Lie on your back, look up and . . . wow! Really, if you've never done this you've got to give it a go, it's spectacular. You can get a feel for it online – search for 'Astronomy Picture of the Day' for great images. There are also good online guides. Just try it, you'll like it!

As a GP I can't leave out biology, so what about DNA? I'm sure you've heard about it but here are some things you may not know about this amazing structure. It has only four building blocks storing the information to build every protein in the organism and forming the rules of how we are built. However, despite our differences, about 99% of DNA is identical in all humans. Copies are made all of the time with hardly any errors. Most of our cells have a full set of DNA and if all the DNA in our bodies were laid out end to end it would reach to the sun and back over 600 times!

These are two examples of exciting science, but why discuss them here? Well, for Christians, here's the really exciting bit: science is learning about God's creation! I've had many discussions about science and Christianity and often hear arguments that if you're a Christian you can't be a scientist and vice versa.

But let's think about this. We believe God created the universe from absolutely nothing. I believe this isn't using science that was already there, but creating the science itself. If so then good observations in science must match the Bible perfectly. It isn't a science book and was written for people who couldn't understand science, but there's no reason why God's message shouldn't record the basics accurately.

Do the Bible and science match? I believe they do! I haven't yet found anything in the Bible which clashes with modern science. Don't get me wrong. I'm not saying that, for example, life came through evolution. We must not compromise our beliefs to make it work. Remember, science is our findings about God's creation, so they must work in harmony. There are huge amounts

written about this if you want to read about it, but the key is that we don't need to compromise our beliefs to work with modern science!

So, what next? I hope Christians feel they can follow their interests in science without affecting their beliefs. If you like science then don't be afraid to go for it! There are many respected Christians in science, but more can only be better. If you go into science a rich and rewarding life can lie ahead of you, knowing that, by working with God's creation, your relationship with Him will grow.

So, why is the sky blue? Ah, run out of space here! Go on, look it up – it could be your first step into a wonderful life with God in science!

◦ Dr Grant Elias

Grant is a GP working in St Albans, England and he also has obtained a BA in Theology. Despite enjoying medicine his real love is physics and astronomy, and he loves to promote the harmony between science and the Bible.

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Mrs. Nikisha Brown
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For more info...



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Healthy social relationships

The relationships that we form help to shape our perspectives on life, including how we view ourselves. Think about the individuals that are close to you; your family members and relatives, your friends and those acquaintances like colleagues and church members. Have they helped to influence your current worldview or impacted your life in some way?

The World Health Organisation (WHO) produced a document in 2012 titled 'Social Determinants of Health and Well-being Among Young People – International Report from the 2009/2010 Survey'. Here are some of the research data in regard to the impact of communication on young people. Read through them and see whether you agree or disagree with the findings.



If you would like to debate or discuss any of these findings, visit our Facebook page (search *Adventist youth UK and Ireland*) and join in the debate.

◦ **Sharon Platt-McDonald**
BUC Director for Health, Disability Awareness and Women's Ministries

Parental impact

Parents who invest in high-quality communication with their children can contribute to their overall health and well-being. The following was also found:

- Young people who reported ease of communication with their parents were more likely to report positive body image, higher self-rated health, not smoking, higher life satisfaction and fewer physical and psychological complaints. They were also less likely to participate in aggressive behaviours and substance abuse.
- Factors that facilitated good communication with mothers included a mutually interactive communication style in which the mother and young person felt free to raise issues, the mother demonstrating effective non-judgemental listening and being perceived as trustworthy.
- The quality of the relationship when the father does not reside in the main family home or is leading a single-parent household was found to have significant effects on young people's life satisfaction.
- Good communication with fathers has a protective role in maintaining emotional well-being and a positive sense of body image, particularly among girls.
- A 'warm, open' communication style is associated with less aggression and violence among boys.
- Young people who spent more time with their mothers perceived them as more accessible for sharing feelings and concerns, and to provide emotional support.
- Parental communication appeared to decrease significantly with age, with parents' influence decreasing as peers' influence increased.

Friends

Friendship is associated with positive development, promoting higher levels of happiness, self-esteem and school adjustment, and may have a long-term effect on social adjustment. It enhances social support and helps young people face new situations and stressful life experiences.

- Perceived peer support also presents a protective factor against feelings of depression and isolation.
- Young people with few friends may lack opportunities to learn social skills, face difficulties relating to others, have low perceptions of self-worth and life satisfaction, and experience depressed moods more frequently. They are also more likely to become victims of bullying.
- Having good relationships with family and a positive experience at school can support the development of close friendships.
- Peers become increasingly important to young people during adolescence.
- Peer contact is nevertheless important in the development of protective factors: young people who participate in youth clubs, for example, have been found to have more positive perceptions of their health and well-being and engage in more healthy behaviours.
- As young people grow older, numbers of casual friendships may decrease as they form deeper friendships with fewer individuals at the expense of having a large number of friends.
- Girls tend to be more relationship-oriented, forming closer relationships with a small select group of friends, while boys are in general more group-oriented and are therefore more likely to report greater numbers of friends.

Electronic Media Contact

Electronic Media Contact (EMC) has been associated with potential benefits and risks. It is thought to represent an important new environment whose role in promoting health and well-being can be a positive one. However, it can also be detrimental to physical and mental health, particularly in relation to reduced levels of physical activity and through cyberbullying.

Finding the right balance between protecting young people against internet harassment and excessive EMC and efforts to use it to improve access to information and services is also important.

The research also found:

- Cyberbullying is seen as a public health problem that could threaten young people's social and emotional development.
- Although internet use has been related to loneliness, recent evidence suggests that greater use of EMC may also be associated with more face-to-face contact with friends.
- Intensive use of EMC has been associated with poorer perceptions of health, poorer sleeping habits and engagement in risk behaviours.
- Boys are more frequent users of the internet and online games, while girls tend to use mobile telephones more.



Next issue looks at the school/college environment and behavioural aspects of relationships.



UK & Ireland Adventist Student Day

A coming together of Adventist students is planned for the start of the next academic year. This is a new date for our calendars and is a joint venture between the two conferences in England and the British Union Conference Youth Ministries Departments.

This is for all Adventist students, but why not bring a friend? We will join in worship, highlight student experiences on faith sharing, spiritual development as a student, and where to turn when you need help. Find out more at www.adventistyouth.org.uk and join us on Facebook – search for 'Adventist Youth, UK and Ireland'.

Venue: Leicester Central Church

Date: 18 October 2014

To register your interest, visit www.adventistyouth.org.uk

 Search for Adventist Youth UK & Ireland



Want to know what is going on around the country?

Visit the events page on the BUC Youth Ministries website. You can even subscribe to the iCal function and download all the events to your Android device or iPhone.

 www.adventistyouth.org.uk 



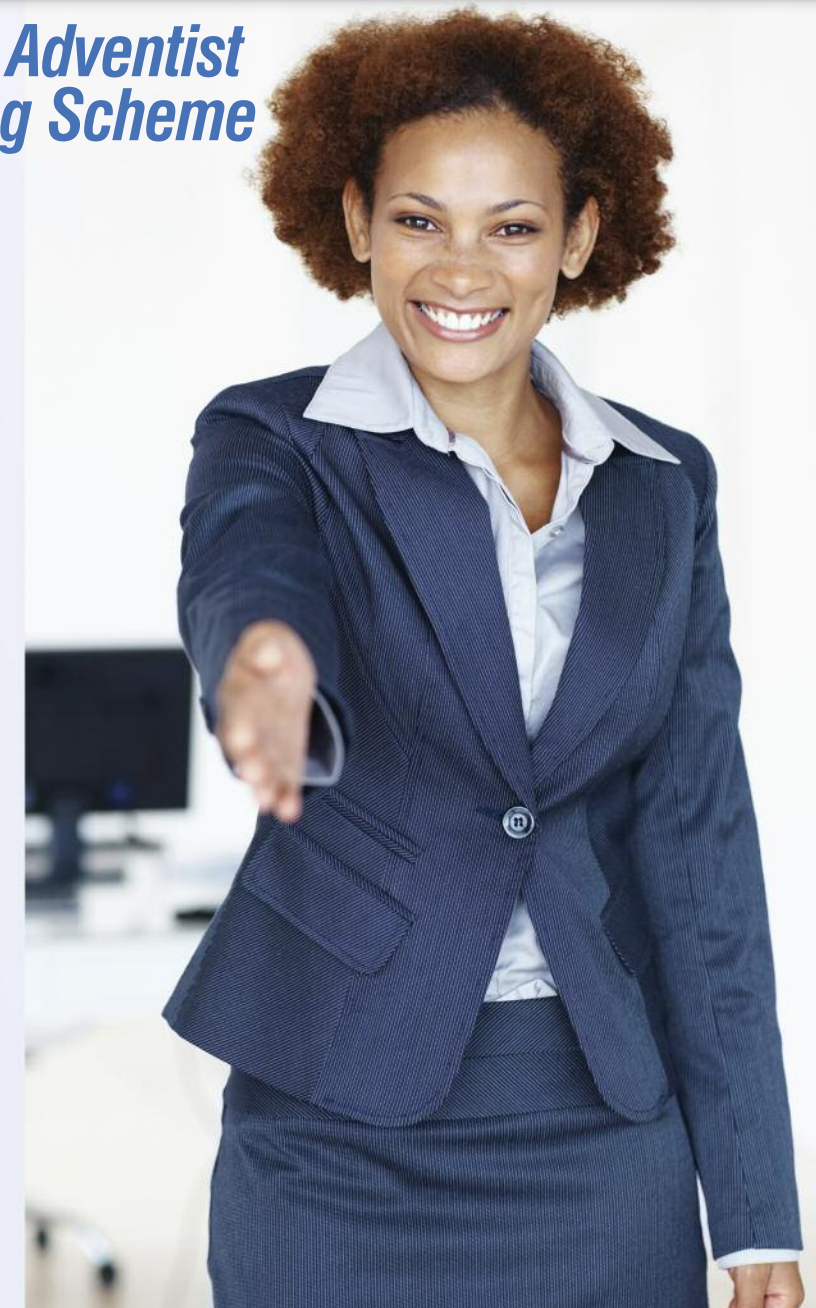
Adventist Student and Adventist Professional Mentoring Scheme

Have you sat at your books trying to write a paper or doing some other assignment, and felt you would like to talk with someone about the subject, share some ideas, get help to understand the topic better, or just have someone to work through with you the workplace application of the topic, or how to advance your career after you have finished your studies? Help is at hand.

In a joint scheme between the Adventist Youth Ministries for the UK and Ireland at the British Union Conference office (BUC) and the Adventist Services and Industries UK (ASI-UK) we can provide students and young professionals a contact with other experienced Adventist professionals for personal advice, a listening ear, and reflections on the students' professional development.

This scheme is provided through ASI for Adventist youth in the UK and Ireland on a voluntary basis. A code of conduct and terms and conditions are available, and all help is without cost or obligation. Each person should satisfy themselves that what they decide to do is their choice, and each mentor accepts no liability for help offered.

We already have people who can help with career and study advice in areas like business management, farming, education, accountancy, student life, secretarial work, dentistry, and medical work. For more information find us at www.adventistyouth.org.uk and see our partners and the work of ASI at www.asi-uk.info







Newbold College Impact Day

A few years ago I was faced with a dilemma. I had many questions about the Christianity I was experiencing. On a basic level I understood that people often naturally gravitated towards the desire to seek community. However, my observations and experiences encountered a different reality. The sad truth was that in many cases people in their search for meaning, purpose and inclusivity often found in their place rejection and judgement. There was no place for otherness. If you were different in any way, the Bible was often used as a blunt instrument to seek out and batter into subjection. This didn't seem like the Jesus I understood and knew, so I started on a journey to understand God and what implications that understanding would have on my Christian faith.

With this type of determination and goodwill seeping from my pores, one would expect that the story would continue and end with a happily ever after, a slice of cake and squirrels happily eating out of one's hand. It did not. Gone were my grand and sparkly thoughts that I would at some point achieve the distinction of floating off the ground in cerebral attainment. Gone were my ideas that one day I would experience a mountaintop experience so profound that a glow of epic proportions

would forever be emanating from my person. In fact, this decision was the beginning of a crisis,

which has, despite my best efforts, been a major part of my theology experience.

It was a pretty big deal saying yes to theology. At that time I was what one might consider a mature student. Basically, I was older than most; I had many years' experience in cultivating various work habits that were in direct conflict with being a student. For 15 years I spent my time building my career in a particular direction. My life was secure. Now as a student I was faced with the reality of a dwindling income and financial uncertainty, a new family to support and the discovery of my own intellectual deficiencies.

Despite this crisis, there were also many, many opportunities for happiness. What I have absolutely loved about my Newbold experience has been learning from dedicated teachers who deconstruct, stretch and affirm my understanding of Jesus, the Bible and Jesus' place in humanity. I remember the first time that the beliefs I held as fast and primal slowly began to unravel. However, theology was not only destructive, but also constructive. My beliefs were chewed up, spat out and from a brown blob reformed into something shiny and beautiful. Yes! I thought. *It is true. This message is not only about zeros and ones. It is not primarily only for men in tweed, boxed up in dusty room 101.* It wasn't just about doctrine. It was not even primarily about various theological arguments about women, men, food, or the wearing of polkadot clothing on a summer's day. Theology was about how

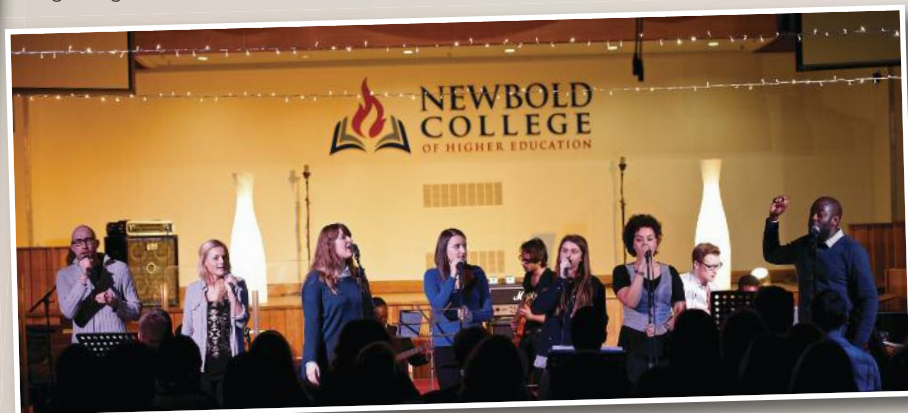
all those ideas fit together into a worldview and how that worldview context influenced the way that Jesus could be intellectually understood and the implications that had for those who called themselves Christians.

Studying theology has not only been an academic exercise. I could have decided to exclusively bury my head in books until the end of the course. But for me theology had many important questions about the human condition and so it was important to seek opportunities to integrate the practical and the theoretical. I began to understand that, as a follower of Jesus, my understanding of His life, His sacrifice and His teachings reveal the true meaning of what it really means to be called a Christian. It meant that beyond my label as a pastor 'youngling', I (and everyone else) had the hope of a new beginning from a God that is forgiving and merciful . . . despite the mess I found myself in.

This simple understanding changed me and began to truly shape my focus. From 2011 my wife and I began to engage intentionally with those around us. We began to meet people in our home, in cafes, at dinner tables and in living rooms. We would eat, laugh, pray, share our stories and talk about Jesus. This whole theology bug, which began in a crisis, was being rebuilt into something beautiful. It was a loving space where we loved as Jesus loved, opened our hearts to each other's needs, built people up and cared for those whom Jesus called us to seek. This was the beginning of our church community called Templeway. We also got involved with campus ministries, developing a worship experience called United: Worship Nights.

I don't want to discourage anyone. I would probably have much more success in trapeezing over a live volcano than leaving unscathed in my attempts to understand the true implications of Jesus in Christianity.

If I am honest, what I believe I have experienced is a definite rewiring of my understanding of God. This process has involved hard work and lots of thoughtful reflection. The process also includes being mindful of one's responsibilities, including finances, family, one's state of happiness and the practice of serving one's community. If perhaps we encounter an individual who feels differently, there is always a slice of cake.



Photographs by Alexander Bodonyi



Alumni profiles



Tobi Obisanya

My name is Tobi Obisanya and I studied at Stanborough from 2002 to 2007. Since leaving Stanborough School I have completed my A-Levels and I am now in my fifth year of university studying Medicine at Imperial College London. Aside from being a doctor, my interest and passion is in improving the healthcare and opportunities of people in the developing world who haven't been as fortunate as I have been and I would love to work overseas at some point in the near future.

My fondest memories of Stanborough include playing seriously competitive table tennis in the games room at break and lunchtime, being a young entrepreneur in the tuck shop management team, and getting involved in the Student Association. My time at Stanborough shaped who I am today and it was one of the most fun times of my life!

Chris Longman

I studied at Stanborough from Year 3 until Year 11. After completing my GCSEs at Stanborough, I studied A-Levels in Economics, History, Sociology and ICT. Following this I attended King's College London where I completed a three-year Business Management degree. I am now working as a 'Junior Account Executive' for a leading technology firm which develops websites and mobile applications for some of the UK's biggest brands.

During my time at Stanborough I made some great friends. I was also greatly inspired by Mr Rivers (former Business Studies teacher) who encouraged me to pursue my interest in business. My advice to current students would be to work hard and make the most of the opportunities available to you at Stanborough.



Amanat Takhar

When I finished my GCSEs at Stanborough I studied A-Levels in Economics, History, Politics and Mathematics. Upon completion, I attended the University of Manchester and completed a degree in Economics & Politics. Following this, I attended the College of Law where I completed the GDL (Graduate Diploma in Law, otherwise commonly known as the 'Law Conversion Course'). Now, I am doing the Barrister Practice Training Course. It might be quite obvious by now, but I aspire to become a Barrister, preferably practising in the area of Tax/Commercial and Financial Crime.



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IMPACT

Sun 24 - Sat 30 Aug 2014



what's happening?

As part of the BUC Dublin City of Hope project we are planning to do street witnessing (mime, puppets, singing etc), run a holiday bible club, run a health EXPO, go door-to-door, and run a number of YES! service projects to engage the people of Dublin City and inform them about the love of Jesus

we need your help - please come and join us in service

making
GOD
known

DUBLIN
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School-leaving age?

This conference is for you!

1-2-3:16 will bring together experts from many fields who will help you decide your next career and study move.

Answering questions such as:

Where can I find help when things are difficult?

Shall I apply for university?
Which one is right for me?

Budgets?
Loans?
Cash flow?

Where does God want me to be?

For more information and to register
your interest for this BUC event:
www.adventistyouth.org.uk



7-11 July 2014

