![RHS logo] **RHS**

Inspiring everyone to grow

# RHS Plants for Pollinators
## British wildflowers
### rhs.org.uk/plantsforpollinators

RHS Registered Charity No: 222879 / SC038262

# Get your garden buzzing

♦ Fill gardens with **RHS Plants for Pollinators** plants

♦ Grow **a range of plants** for year-round flowering

♦ **Avoid** plants with double or multi-petalled flowers

♦ **Never use pesticides** on plants in flower

♦ Provide nest sites for **wild bees**

## Short grass (up to 15cm)

| | |
|---|---|
| *Ajuga reptans* bugle | H |
| *Bellis perennis* daisy | H |
| *Campanula rotundifolia* common harebell | H |
| *Hippocrepis comosa* horseshoe vetch | H |
| *Lotus corniculatus* bird's foot trefoil | H |
| *Potentilla anserina* silverweed | H |
| *Potentilla erecta* tormentil | H |
| *Potentilla reptans* creeping cinquefoil | H |
| *Primula veris* common cowslip | H |
| *Prunella vulgaris* selfheal | H |
| *Ranunculus repens* creeping buttercup | H |
| *Sanguisorba minor* salad burnet | H |
| *Taraxacum officinale* dandelion | H |
| *Thymus polytrichus* wild thyme | H |
| *Thymus pulegioides* large thyme | H |
| *Trifolium pratense* red clover | H |

Photo: RHS / Carol Sheppard (hoverfly on *Leucanthemum vulgare*, ox-eye daisy).

RHS PLANTS FOR POLLINATORS ®

Photo: RHS / Carol Sheppard (brimstone butterfly on purple loosestrife, *Lythrum salicaria*).

| | |
|---|---|
| **Trifolium repens** white clover | H |
| **Veronica chamaedrys** germander speedwell | H |

## Hedges, shrub borders and woodland edges

| | |
|---|---|
| **Acer campestre** field maple | S or T |
| **Alliaria petiolata** garlic mustard | Bi |
| **Allium ursinum** ramsons | B |
| **Aquilegia vulgaris** columbine | H |
| **Ballota nigra** black horehound | H |
| **Berberis vulgaris** barberry † | S |
| **Bryonia dioica** white bryony | H/C |
| **Buxus sempervirens** common box | S |
| **Campanula trachelium** nettle-leaved bellflower | H |
| **Clematis vitalba** old man's beard, traveller's joy | C |

| | |
|---|---|
| **Clinopodium vulgare** wild basil | H |
| **Cornus sanguinea** common dogwood | S |
| **Crataegus monogyna** common hawthorn | S or T |
| **Cytisus scoparius** common broom | S |
| **Digitalis purpurea** common foxglove | Bi |
| **Euonymus europaeus** spindle | S |
| **Ficaria verna subsp. verna** lesser celandine | H |
| **Fragaria vesca** wild strawberry | H |
| **Frangula alnus** alder buckthorn | S |
| **Galium mollugo** hedge bedstraw | H |
| **Galium odoratum** sweet woodruff | H |
| **Galium verum** lady's bedstraw | H |
| **Geranium robertianum** herb robert | A/Bi |
| **Geum urbanum** wood avens | H |
| **Hedera helix** common ivy | C |
| **Helleborus foetidus** stinking hellebore | H |
| **Hyacinthoides non-scripta** bluebell | B |
| **Hydrotelephium telephium** orpine | H |
| **Ilex aquifolium** common holly | T |
| **Lamium album** white deadnettle | H |
| **Lamium galeobdolon** yellow archangel | H |
| **Ligustrum vulgare** wild privet | S |
| **Lonicera periclymenum** common honeysuckle | C |
| **Malus sylvestris** crab apple | T |
| **Malva sylvestris** common mallow | H |
| **Myosotis sylvatica** wood forget-me-not | H |
| **Primula vulgaris** primrose | H |
| **Prunus avium** wild cherry, gean | T |
| **Prunus padus** bird cherry | T |
| **Prunus spinosa** blackthorn, sloe | S |
| **Rhamnus cathartica** purging buckthorn | S |
| **Rosa species** dog rose | S |
| **Rubus fruticosus** blackberry | S |
| **Salix cinerea subsp. oleifolia** grey willow (male forms best) | S |
| **Salix caprea** goat willow (male forms best) | S |
| **Sanicula europaea** sanicle | H |
| **Silene dioica** red campion | H |
| **Silene latifolia subsp. alba** white campion | H |
| **Smyrnium olusatrum** alexanders † | Bi |
| **Sorbus aria** common whitebeam | T |
| **Sorbus aucuparia** rowan, mountain ash | T |
| **Sorbus torminalis** wild service tree | T |
| **Stachys officinalis** betony | H |
| **Stellaria holostea** greater stitchwort | H |
| **Symphytum officinale** common comfrey | H |

**Natural England states**: You can legally collect small quantities of wildflower seed for your own use, but you must get permission from the land's owner, tenant or other authority, as necessary. Although seed-collecting is allowed, you should not dig up native plants – many rare species are protected by law. You can collect seed of even rare plants, but cannot sell / trade seed or progeny.

**Key to codes: T** tree **S** shrub **C** climber **B** bulb / corm **A** annual **Bi** biennial **H** herbaceous perennial
**†** denotes an archaeophyte (a naturalised plant introduced into Britain before 1500)

| | |
|---|---|
| *Teucrium scorodonia* wood sage | H |
| *Tilia cordata* small-leaved lime | T |
| *Viburnum lantana* common wayfaring tree | S |
| *Viburnum opulus* guelder rose | S |
| *Vicia cracca* common tufted vetch | H |
| *Vicia sativa* common vetch | H |

## Disturbed ground

| | |
|---|---|
| *Agrostemma githago* corncockle † | A |
| *Anchusa arvensis* bugloss † | A |
| *Anthemis arvensis* corn chamomile † | A |
| *Anthemis cotula* stinking chamomile † | A |
| *Centaurea cyanus* cornflower † | A |
| *Cichorium intybus* chicory † | H |
| *Dipsacus fullonum* common teasel | Bi |
| *Echium vulgare* viper's bugloss | Bi |
| *Glebionis segetum* corn marigold † | A |
| *Iberis amara* wild candytuft | A |
| *Lamium amplexicaule* henbit deadnettle † | A |
| *Matricaria recutita* scented mayweed † | A |
| *Mentha arvensis* corn mint | H |
| *Myosotis arvensis* field forget-me-not † | A/H |
| *Onopordum acanthium* cotton thistle † | Bi |
| *Papaver dubium* long-headed poppy † | A |
| *Papaver rhoeas* common poppy † | A |
| *Sinapis arvensis* charlock † | A |
| *Sonchus arvensis* perennial sowthistle | H |
| *Tussilago farfara* coltsfoot | H |
| *Verbascum thapsus* great mullein | Bi |

## Flower beds

| | |
|---|---|
| *Calluna vulgaris* heather, ling (excl. bud-blooming cultivars) | S |
| *Erica ciliaris* Dorset heath | S |
| *Erica cinerea* bell heather | S |
| *Erica tetralix* cross-leaved heath | S |

## Long grass (above 50cm)

| | |
|---|---|
| *Arctium minus* lesser burdock | Bi |
| *Carduus crispus* welted thistle | Bi |
| *Carduus nutans* musk thistle | Bi |
| *Chamaenerion angustifolium* rosebay willowherb | H |
| *Cirsium arvense* creeping thistle | H |



Photo: RHS / Jim Wileman (bumblebee on red campion, *Silene dioica*).

| | |
|---|---|
| *Cirsium vulgare* spear thistle | Bi |
| *Conopodium majus* pignut | H |
| *Cynoglossum officinale* hound's tongue | H |
| *Daucus carota* wild carrot | Bi |
| *Geranium pratense* meadow cranesbill | H |
| *Heracleum sphondylium* hogweed | Bi |
| *Hypericum perforatum* perforate St John's wort | H |
| *Knautia arvensis* field scabious | H |
| *Lathyrus pratensis* meadow vetchling | H |
| *Pastinaca sativa* wild parsnip | Bi |
| *Succisa pratensis* devil's bit scabious | H |
| *Tanacetum vulgare* tansy † | H |
| *Thalictrum flavum* meadow rue | H |
| *Tragopogon pratensis* goat's beard | Bi |
| *Verbascum nigrum* dark mullein | Bi/H |

## Medium height grass (up to 50cm)

| | |
|---|---|
| *Achillea millefolium* common yarrow | H |
| *Achillea ptarmica* sneezewort | H |
| *Agrimonia eupatoria* agrimony | H |
| *Anthyllis vulneraria* kidney vetch | H |
| *Armeria maritima* thrift, sea pink | H |
| *Blackstonia perfoliata* yellowwort | A |
| *Campanula glomerata* clustered bellflower | H |

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| | |
|---|---|
| *Centaurea nigra* common knapweed, hardheads | H |
| *Centaurea scabiosa* greater knapweed | H |
| *Centaurium erythraea* common centaury | Bi |
| *Echium vulgare* viper's bugloss | Bi |
| *Erigeron acris* blue fleabane | A/H |
| *Filipendula vulgaris* dropwort | H |
| *Helianthemum nummularium* common rockrose | H |
| *Hypochaeris radicata* cat's ear | H |
| *Inula conyzae* ploughman's spikenard | H |
| *Leontodon hispidus* rough hawkbit | H |
| *Leucanthemum vulgare* ox-eye daisy | H |
| *Linaria vulgaris* common toadflax | H |
| *Malva moschata* musk mallow | H |
| *Ononis repens* common restharrow | H |
| *Origanum vulgare* wild marjoram | H |
| *Pilosella officinarum* mouse-ear hawkweed | H |
| *Ranunculus acris* meadow buttercup | H |
| *Ranunculus bulbosus* bulbous buttercup | H |
| *Reseda lutea* wild mignonette | Bi/H |
| *Rhinanthus minor* yellow rattle | A |
| *Scabiosa spp.* scabious | A/H |
| *Scorzoneroides autumnalis* autumn hawkbit | H |
| *Silene vulgaris* bladder campion | H |
| *Solidago virgaurea* goldenrod | H |

## Ponds, pond margins & wet soils

| | |
|---|---|
| *Alisma plantago-aquatica* water plantain | H |
| *Angelica sylvestris* wild angelica | Bi |
| *Butomus umbellatus* flowering rush | H |
| *Caltha palustris* marsh marigold | H |
| *Cardamine pratensis* cuckoo flower, lady's smock | H |
| *Cirsium dissectum* meadow thistle | H |
| *Epilobium hirsutum* great willowherb | H |
| *Eupatorium cannabinum* hemp agrimony | H |
| *Filipendula ulmaria* meadowsweet | H |
| *Galium palustre* marsh bedstraw | H |
| *Geum rivale* water avens | H |
| *Hypericum tetrapterum* square-stalked St John's wort | H |
| *Iris pseudacorus* yellow iris | H |
| *Lotus pedunculatus* greater bird's-foot trefoil | H |

| | |
|---|---|
| *Lychnis flos-cuculi* ragged robin | H |
| *Lycopus europaeus* gypsywort | H |
| *Lysimachia nummularia* creeping Jenny | H |
| *Lysimachia vulgaris* yellow loosestrife | H |
| *Lythrum salicaria* purple loosestrife | H |
| *Mentha aquatica* water mint | H |
| *Menyanthes trifoliata* bogbean | H |
| *Myosotis scorpioides* water forget-me-not | H |
| *Nasturtium officinale* common watercress | H |
| *Nuphar lutea* yellow waterlily | H |
| *Nymphaea alba* white waterlily | H |
| *Oenanthe aquatica* fine-leaved water dropwort | A/Bi |
| *Oenanthe crocata* hemlock water dropwort | H |
| *Persicaria amphibia* amphibious bistort | H |
| *Persicaria bistorta* common bistort | H |
| *Polemonium caeruleum* Jacob's ladder | H |
| *Pulicaria dysenterica* common fleabane | H |
| *Ranunculus aquatilis* common water crowfoot | A/H |
| *Ranunculus flammula* lesser spearwort | H |
| *Ranunculus fluitans* river water crowfoot | H |
| *Ranunculus lingua* greater spearwort | H |
| *Ranunculus sceleratus* celery-leaved buttercup | A |
| *Sagittaria sagittifolia* arrowhead | H |
| *Sanguisorba officinalis* great burnet | H |
| *Scrophularia auriculata* water figwort | H |
| *Scutellaria galericulata* common skullcap | H |
| *Stachys palustris* marsh woundwort | H |
| *Valeriana officinalis* common valerian | H |
| *Veronica beccabunga* brooklime | H |

## Shingle / gravel garden

| | |
|---|---|
| *Cakile maritima* sea rocket | A |
| *Crambe maritima* sea kale | H |
| *Crithmum maritimum* rock samphire | H |
| *Eryngium maritimum* sea holly | H |
| *Glaucium flavum* yellow horned poppy | Bi/H |
| *Sedum acre* biting stonecrop | H |
| *Sedum album* white stonecrop † | H |
| *Silene uniflora* sea campion | H |

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