Hunger Relief
ADRA Pathfinder e-Award

What is the lesson about?
Hunger relief in the UK and overseas

What will we learn

- Discuss what steps ADRA and other humanitarian agencies time to reduce hunger
- Listen to stories of food distribution through ADRA and learn about the people that they serve
- Describe the causes of hunger in the United Kingdom
- Collect food items for the local community or select a family and bring food to them (done offline)
- Visit a food bank in your local area and offer to assist them.

What is Hunger?
Hunger is

- An uneasy or painful sensation caused by the want of food
- A strong desire or craving
- The want or scarcity of food in a country

Hunger occurs when people do not get enough nutrients (energy, proteins, vitamins and minerals) for fully active and healthy lifestyles.
World hunger on the rise as 820m at risk, UN report finds

Eliminating hunger by 2030 is an immense challenge, say heads of UN agencies
Hanwell Community food bank and distribution centre

Food Delivery Plymouth

Hanwell Community food bank and distribution centre

Food Delivery Plymouth
HUNGER FACTBOX

- Hunger is the world's no 1 health risk.
- 1 in 9 people goes to bed hungry every night.
- There is enough food on earth to feed everyone.
- Women account for over 60% of the world's hungry.
- 66 million children attend school hungry every year.

CAUSES OF HUNGER

- Poverty
- Climate change
- Agriculture
- Disease and illness and food waste

Poverty is one of the basic causes of malnutrition. The majority of the world's poor are unable to feed themselves and their families. Their diets are based on starchy foods with few vegetables or meat and therefore, very little nourishment.
CLIMATE CHANGE IS MAKING IT HARDER FOR SMALL FARMERS TO PREDICT HARVESTS LEADING TO EXTENDED ‘HUNGRY PERIODS’. RISING TEMPERATURES AND INCREASED RAINFALL IS DAMAGING POOR COMMUNITIES.

POOR FARMING SKILLS, LACK OF BASIC TOOLS, SEEDS AND LAND LEAD TO LARGE NUMBERS OF PEOPLE GOING HUNGRY.

IT IS COMMON THAT MORE WOMEN THAN MEN ARE SUFFERING FROM THE EFFECTS OF HUNGER AND BOYS AND GIVE BETTER TREATMENT IN NOURISHMENT AND EDUCATION.

HUNGER AND MALNOURISHMENT CAN LEAD TO DISEASE AND ILLNESS WHICH IN TURN MAKES INDIVIDUAL WEAK AND UNABLE TO WORK/GO TO SCHOOL.
13 billions pounds worth of food are wasted every day

1.3 billion tonnes of food are wasted WORLDWIDE each year

There is no hunger in a country as rich as the UK?

True or False

False. Currently there are at least 1.3 million people who are hungry

Only the homeless and the unemployed need emergency food?

True or False?
False. People on low incomes also need food as well as refugees, and people who no recourse to public funds.

False. Hunger strikes people in rural, suburban and urban communities.

Hunger is only a big city problem? True or False?

Only droughts and other natural disasters are to blame for hunger? True or False?
False. Nature is only one factor when it comes to hunger. The proportion of food crises that are linked to causes have more than doubled since 1992. War and conflict also cause issues.

Hunger is one of the most pressing global issues? True or False?

True. People go hungry even when there is plenty of food to go around. Often it’s a question of access. They can’t afford food or get to their local food suppliers.

WRITING ACTIVITY

IF THERE IS ENOUGH FOOD ON EARTH TO FEED EVERYONE, WHY DO PEOPLE GO HUNGRY?

QUESTION IS: WHY ARE THERE HUNGRY PEOPLE IN THE WORLD
How to create a world without hunger

If you were the President of the United States or the Prime Minister of the United Kingdom, how would you try to create a world without hunger?

DISCUSSION QUESTIONS

- Is the world an equal place for everyone?
- Why do certain continents suffer more with the issue of hunger more than others?
- How can you be a hunger hero and tackle the issue of hunger locally?